I hereby acknowledge that I am voluntarily participating in the Introductory T-group Training taking place on the dates scheduled above and all activities associated therewith (hereinafter referred to as "Activities").

I understand that this T-group is an educational program and that this is not a mental health, medical or counseling program. I will be personally responsible for my own safety during these Activities and assume all risks and accept full and complete responsibility for any and all damages and personal injury of any kind.

As lawful consideration for being permitted by the organizers of this weekend (hereinafter referred to as “Releasees”), to participate in these Activities, the undersigned does for him/herself, his/her heirs, executors, administrators, legal representatives, guardians, distributees, and assigns (hereinafter referred to as “Releasors”), hereby release, waive, discharge, and relinquish the Releasees and each of them from and against any action or causes of action for personal injury, property damage, or wrongful death which may hereafter arise from the Activities or any pursuit incidental thereto wherever or however said pursuit may occur and for any period said Activities and pursuits may continue, whether the same shall arise by the negligence or non-intentional conduct of any of said Releasees, from the Activities or any pursuit incidental thereto, or otherwise.

The undersigned further agrees that under no circumstances will Releasors prosecute or present any claim against Releasees for any causes of action, for personal injury, property damage, or wrongful death, whether the same shall arise by the negligence or non-intentional conduct of any of said Releasees, from the Activities or any pursuit incidental thereto, or otherwise.

The undersigned and the remaining Releasors hereby agree to indemnify, save and hold harmless the Releasees and each of them from any loss, liability, damage or cost (including attorney fees) which Releasees may incur as a result of injury, death, or property damage to the undersigned, or from suit from such personal injury, death, and/or property damage to the undersigned.

This Agreement is intended to be as broad as is permissible under the law of the State of California and this Agreement shall be interpreted under the laws of the State of California, without reference to California’s principles of conflict of laws. If any portion of this Agreement is invalid and/or is declared to be invalid by a Court of Law, the balance of the Agreement shall continue in full force and effect.
I understand that I am considered an 'invited guest' and that participation in the Activities is 'at my own risk.' The undersigned has read and voluntarily signs this Release and Waiver of Liability and Indemnity Agreement and further agrees that no oral representations, statements, or inducements apart from this Release and Waiver of Liability and Indemnity Agreement have been made. The undersigned acknowledges that he/she has read the foregoing paragraphs and is completely aware of the potential dangers incident to engaging in the Activities, and is fully aware of the legal consequences of signing the within instrument.

Printed Name: ____________________________________________

Signature: ________________________________________________

Date: ____________________________________________________

Contact knows you are attending this T-group weekend?  
Yes / No   (please circle one)

Emergency Contact: ________________________________________

Emergency Contact Phone: _________________________________

Relationship to Attendee: __________________________________